

MIDDLE PENINSULA SAFETY NET COALITION



RESOURCE DIRECTORY

Linking Mathews County Residents to Health Care and Related Resources

Published December 2008
By the Mathews Community Foundation
Coordinated by the Middle Peninsula Safety Net Coalition
Contact Kay Bradley, Chair
For Additions and Updates
(804) 642-9515

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Bay Aging, Inc. - Care Coordination

Mission	A non-profit organization serving Gloucester, Essex, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond and Westmoreland to provide appropriate services to older persons and support to help seniors remain as independent as possible.
Contact	Mary Jane Kipper, Care Coordinator
Mailing Address	P.O. Box 475
Street Address	6650 Main Street, Gloucester
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-6109 PM:
Fax	693-6674
TDD Number	
E-mail	gloucestercare@bayaging.org
Web Address	www.bayaging.org
Eligibility Requirement	Over age 60
Services Programs Resources	Insurance counseling, meals on wheels, in-home care, general assessment and referrals, senior center.

Bay Transit - Operations	
Mission	To provide public transportation to all people of all ages.
Contact	Cle Johnson, Operation Mgr.
Mailing Address	9977 John Clayton Hwy.
Street Address	9977 John Clayton Hwy.
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-6977 PM: 693-6977
Fax	695-0423
E-mail	baytran@rivnet.net
Web Address	www.bayaging.org
Hours of Operation	6:00 a.m. - 6:00 p.m., Monday - Friday
Disabled Access	Yes
Eligibility Requirement	None
Fees Dues	\$1.00 per one way trip, \$8 book of 10 tickets. Children under 4 ride free.
Services Programs Resources	Public transportation.

Bereavement Support Group

Mission	To offer bereavement support and coping skills needed to invest in life.
Contact	Debbi Morris
Mailing Address	P.O. Box 1130
Street Address	7542 Hospital Drive
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-8819 PM:
Fax	693-8825
E-mail	Deborah.Morris@rivhs.com
Meeting Location	Walter Reed Hospital, DCR Room 3
Meeting Time	1st Wednesday - 5:30 p.m., 3rd Thursday - 10:00 a.m.
Disabled Access	Yes
Services Programs Resources	Group therapy and support.

Boys and Girls Club of Mathews	
Mission	To enable all young people, especially those who need us most, to realize their full potential as productive, caring, and responsible citizens.
Contact	Rick Griffin
Mailing Address	
Street Address	498 Church Street
City/State/Zip	Mathews, VA 23109
Phone Numbers	(804) 725-4388
Fax	
E-mail	Deborah.Morris@rivhs.com
Meeting Location	
Services Programs Resources	Character and Leadership Development Education and Career Development Health and Life Skills Development The Arts Sports, Fitness and Recreation
Cancer Support Group	
Mission	To assist patient/caregivers/family members in coping with the everyday aspects of living with cancer by offering a time for sharing, support and information.
Contact	Debbi Morris
Mailing Address	P.O. Box 1130
Street Address	7542 Hospital Drive
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-8819 PM:
Fax	693-8825
E-mail	Deborah.Morris@rivhs.com
Meeting Location	Walter Reed Hospital, DCR Room 3
Meeting Time	4th Thursday of each month
Services Programs Resources	Group therapy and support.

COPE Helpline - Administration	
Mission	Provide 24 hour phone assistance for people in crisis or need.
Contact	O'Connel McKeon
Mailing Address	P.O. Box 40
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 693-COPE Emergency 693-7959 PM:
Hours of Operation	24 hours.
Resources Needed	Volunteers.
Services Programs Resources	Crisis and support assistance and help.
COPE Helpline - Coordinator	
Mission	Provide a 24 hour confidential telephone crisis service staffed by professionally trained volunteers.
Contact	Brian Clemmons
Mailing Address	P.O. Box 40
City/State/Zip	Saluda, VA 230149
Phone Numbers	AM: 758-5314 PM: 693-COPE Emergency
E-mail	bclemmons@mpnn.va.state.us
Resources Needed	Volunteers
Services Programs Resources	Crisis and support assistance and help.

	Department of Veteran Services - Hampton Field Office
Mission	To assist veterans and dependants about their benefits and related matters.
Contact	Debi Blackmore
Mailing Address	2019 Cunningham Drive, Suite 406
Street Address	2019 Cunningham Drive, Suite 406
City/State/Zip	Hampton, VA 23666
Phone Numbers	AM: 757-825-7893 PM:
E-mail	Debi.Blackmore@dvs.virginia.gov
Web Address	www.dvs.virginia.gov/benefits_services_hampton_office_field_office.html
Hours of Operation	9 - 11:30 a.m. on the 4th Thursday of each month. Call 693-2671 to confirm.
Meeting Location	Gloucester Social Services
Disabled Access	Yes
Eligibility Requirement	Must be a veteran.
Services Programs Resources	Veteran assistance.

Disabled American Veterans-Chapter 58	
Mission	To build better lives for all of our nation's disabled veterans and their families.
Contact	Chapter Adjutant Richard Moore
Mailing Address	P.O. Box 58
Street Address	6139 George Washington Highway, Gloucester
City/State/Zip	White Marsh, VA 23183
Phone Numbers	AM: 695-1558 PM:
E-mail	Admin@davchap58.hrcoxmail.com
Web Address	http://www.virginiadav.org/
Meeting Location	American Legion Building, Route 17
Meeting Time	1st Wednesday of each month, 6:30 p.m.
Eligibility Requirement	Disabled Veteran.
Services Programs Resources	Benefits Assistance.

FEMA Mitigation - Emergency Services Department	
Mission	Provide disaster relief assistance
Contact	Michael Dodson
Mailing Address	P.O. Box 329
Street Address	6467 Main Street
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 832-2401 PM:
Fax	693-0559
E-mail	mdodson@gloucesterva.info

Food/Clothes Ministry Distribution	
Mission	Free food and clothing to local low-income families and others in need.
Contact	Pastor Rose Jarvis
Mailing Address	P.O. Box 624
Street Address	1306 Woodville Drive, Ordinary
City/State/Zip	Hayes, VA 23072
Phone Numbers	AM: 684-9373 PM:
Fax	684-9373
E-mail	rosemjarvis@yahoo.com
Meeting Time	Every Wednesday, USDA 1st Wednesday of Month (must qualify for USDA)
Services Programs Resources	Free food for low-income families, USDA food once per month for those who qualify.

General Education Development (G.E.D) Services

Mission	To provide G.E.D. information, assessment, classes, and test registration for people 18 years and older to obtain their G.E.D. certificate.
Contact	Jason Perry
Mailing Address	6489 Main Street Building 2, Room 339
Street Address	6489 Main Street Building 2, Room 339
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-4795 PM:
Fax	693-6275
E-mail	jperry@gc.k12.va.us
Hours of Operation	Office Hours 8:00 a.m. - 4:30 p.m., Monday - Friday.
Meeting Location	Page Middle School
Meeting Time	Classes held Tuesday & Thursday, 6:30 - 8:30 p.m.
Disabled Access	Yes
Eligibility Requirement	18 years or older
Fees Dues	\$35.00 test fee.
Resources Needed	Volunteers.
Services Programs Resources	G.E.D. Classes, Adult Basic Education, English as a Second Language, G.E.D. Assessment.

Gloucester Multiple Sclerosis Self-Help Group	
Mission	To end the devastating effects of Multiple Sclerosis.
Contact	Sharon Grossman, Chapter President
Mailing Address	405 S. Parliament Drive, Suite 105
City/State/Zip	Virginia Beach, VA 23462
Phone Numbers	AM: 757-490-9627 PM:
Fax	757-490-1617
E-mail	grossman@fightms.com
Web Address	www.fightms.com
Meeting Location	Riverside Wellness & Fitness Center
Meeting Time	1st Wednesday, 10 - 12 noon
Disabled Access	Yes
Services Programs Resources	Provides information and resources on multiple sclerosis.

Gloucester-Mathews Free Clinic	
Mission	To provide community based health, dental and medication care for residents of Gloucester and Mathews who lack health insurance and whose incomes is at or below 200% of the federal poverty guidelines. Services are provided through the efforts of volunteers, professionals and support staff.
Contact	Kay Bradley, Executive Director
Street Address	2276 George Washington Memorial Hwy, Hayes, VA 23072
Phone Numbers	642-9515
Fax	684-3691
E-mail	administrator@gmfc.hrcoxmail.com
Web Address	gmfreeclinic.org
Hours of Operation	Administration M-Th 8:30 am – 5:30 pm and Friday 8:30 am – 12:30 pm Primary Care: Tuesday and Thursday Evening 5:30 – 8:30 pm Chronic Care: Monday and Tues 8:30 am – 1:00 pm; Friday 8:30 am – 12:00 pm and 2nd Wednesday each month from 9:00 am – 1:00 pm; Dental Services by appointment M-F MATHEWS CLINIC 3 rd Wednesday each month at the Mathews Health Department 5:30-7:30 pm-must be an approved patient and by appointment only-call 642-9515 for more information
Disabled Access	Yes
Eligibility Requirement	Gloucester/Mathews resident, no insurance, 200% federal poverty level income.
Fees Dues	\$2.00 per prescription donation and \$25 for dental visits.
Resources Needed	Trained medical volunteers, office supplies, medication samples.
Services Programs Resources	Primary healthcare, Chronic Disease healthcare; pharmacy services; and dental services
Qualification	Residence of Gloucester or Mathews, 200% of federal poverty guidelines and no insurance
Intake Requirements	Documentation of income at Central Intake Appointment. Call 642-9515 to set-up appointment
Target Population	Indigent adults

Good Grief Support Group

Mission	Organized to give family and friends who have lost a loved one through death to meet monthly for group support.
Contact	Minnie McFarland
Mailing Address	P.O. Box 976
Street Address	7192 Main Street
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-2366 PM: 693-2082
Fax	693-4683
Meeting Location	Sanders Assisted Living Center
Meeting Time	2nd Tuesday at Noon
Disabled Access	Yes
Eligibility Requirement	Open to public.
Services Programs Resources	Support on loss of loved one.

Hearing Loss Association of the Middle Peninsula	
Mission	Promote better communication and greater independence for those the hearing impaired and families.
Contact	Linda Miller
Mailing Address	P.O. Box 718
City/State/Zip	Mathews, VA 23109
Phone Numbers	AM: 725-2487 TTY 725-2487 PM:
E-mail	gcsi94142@yahoo.com
Web Address	www.shhh.org
Meeting Location	Walter Reed Hospital
Meeting Time	10:00 a.m. - 12 Noon, Second Saturday of January, March, May, July, September, and November.
Disabled Access	Yes
Eligibility Requirement	Hearing Impaired

Helping Other People's Enrichment	
Mission	A therapeutic foster care agency.
Contact	Kim A. Vlahos, Executive Director
Mailing Address	P.O. Box 752
Street Address	
City/State/Zip	Hayes, VA 23072
Phone Numbers	AM: 684-2555 815-3164 PM:
Fax	642-1504
E-mail	kim@hope-tfc.org
Web Address	www.hope-tfc.org
Hours of Operation	8:30 - 5:00, Monday - Friday
Disabled Access	Yes
Eligibility Requirement	Training required for therapeutic foster parent with HOPE.
Fees Dues	No fees required for Therapeutic Foster Parenting Training.
Resources Needed	Donations, Volunteers, Mentors.
Services Programs Resources	Provide training for new therapeutic foster parents, and intensive case management for therapeutic foster children, placement and drug and alcohol group therapy for foster children.

I.E.P. P.R.O. Parents	
Mission	A support groups for parents of children with ANY disability or learning delay.
Contact	Wendy Roundy
Phone Numbers	AM: 757-508-6389 PM:
E-mail	dukfrog@aol.com
Meeting Location	Gloucester County Public Library
Meeting Time	6:30 p.m., Call for dates
Services Programs Resources	A new progressive support group that offers knowledge, training, skills, or just someone to talk to about disabilities.

InterCounty Child Care Connection	
Mission	Helping communities identify, access and promote quality early care and education for our children.
Contact	Kathy Sauter**, Coordinator
Mailing Address	P.O. Box 68, King & Queen, VA 23085
Street Address	3292 Rich Lane
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 693-9446 1-800-650-2128 PM:
Fax	693-9446
E-mail	ksauter@hughes.net
Web Address	www.iccc-va.org
Meeting Time	Varies
Disabled Access	Yes
Fees Dues	No fee for service, Fee for classes
Services Programs Resources	Training for childcare providers and referrals for parents looking for childcare. Educational programs and resources to increase skills of childcare providers & parents choosing care.

Job Assistance Center	
Mission	To increase the employment, retention, and earnings of participants, and increase occupational skill attainment of participants, and, as a result improve the quality of the workforce, reduce welfare dependency, and enhance the productivity and competitiveness of the Nation.
Contact	Sherry Pearson
Mailing Address	P.O. Box 327 1399 Centerville Road
City/State/Zip	Shacklefords, VA 23156
Phone Numbers	804-785-2470
Fax	804-785-2473
TDD Number	
E-mail	spearson@jacinc.net
Web Address	
Eligibility Requirement	Core services are available to adults and dislocated workers with no eligibility requirements
Fees Dues	None for CORE Services; training available for a fee but paid through Individual Training Accounts
Resources Needed	Volunteers
Services Programs Resources	J Middle Peninsula Service Directory, Job Fair and Community Resources/ Info. Sharing job search and placement assistance Labor Market Information Initial assessment of skills and needs Information about available services Follow-up services (to help participants keep their jobs once they are placed)

Laurel Shelter, Inc.	
Mission	Direct services to victims of domestic violence and/or sexual assault.
Contact	Cherie Stone**
Mailing Address	P.O. Box 23
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 694-5552 PM:
Fax	694-5286
TDD Number	694-5552
E-mail	laurelshelterinc@verizon.net
Web Address	www.laurelshelterinc.org
Eligibility Requirement	Victim of domestic violence and/or sexual assault.
Fees Dues	None
Resources Needed	Volunteers, grants, fundraising, donated items.
Services Programs Resources	Advocacy, support groups, therapy, legal, referrals, shelter or outreach services, thrift shop.

Legal Aid Society of Eastern Virginia	
Mission	To promote equal access to justice in our Nation and to provide high quality civil legal assistance to low-income persons.
Contact	Raymond Hartz
Mailing Address	125 St. Pauls Blvd. Ste. 400
Street Address	125 St. Pauls Blvd. Ste. 400
City/State/Zip	Norfolk , VA 23510
Phone Numbers	AM: (757) 627-5423 800-944-6624 PM:
E-mail	rayh@laseva.org
Web Address	www.lsc.gov/
Eligibility Requirement	Must qualify for services.
Services Programs Resources	Legal help.

Leukemia & Lymphoma Society	
Mission	To find the causes and cures of leukemia, lymphoma, Hodgkin's disease and myeloma and improve the quality of life for patients and families.
Contact	Cathy Chisholm, Executive Director , Executive Director
Mailing Address	27 W. Queens Way, Suite 301
City/State/Zip	Hampton, VA 23669
Phone Numbers	AM: (800) 866-4483 PM:
Fax	(757) 723-4056
E-mail	Cathy.Chisholm@LLS.org
Web Address	www.leukemia-lymphoma.org
Meeting Location	Sentara Careplex Conference Center
Meeting Time	Peninsula meets first Tuesday of Month, 7 - 8:30 p.m. Contact 757-723-2676 for more information and to register.
Services Programs Resources	Information resource center, back to school program for children with cancer, patient financial aid, patient education programs, family support groups.

Lewis B. Puller Center -Arc of the VA Peninsula

Mission	To provide persons with mental retardation the opportunities to realize their goals regarding where and how they learn, live, work, and play. To reduce the incidence and limit the consequence of mental retardation through education, advocacy, and support of families and community.
Contact	Shannan C. Rose
Mailing Address	P.O. Box 2076
Street Address	6632 Main Street
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-3114 PM:
Fax	693-0574
E-mail	srose@arcvap.org
Web Address	www.arcvap.org/puller.html
Hours of Operation	Center 8 a.m. - 4 p.m., Thrift Store - 8:30 a.m. -3:30 p.m. (MW), 8:30 a.m. - 6 p.m. (Tue & Thurs), 8:30 - 3 (Fri), 10 a.m. - 2 p.m. (Sat)
Disabled Access	Yes
Eligibility Requirement	18+ years of age, disabled
Services Programs Resources	Early Prevention and Intervention for Children, employment and day services, residential services, recreational activities, supported employment, government contracts, and galaxy of gifts.

Literacy Volunteers of Gloucester, Inc.	
Mission	To provide free, one-on-one, confidential tutoring in basic literacy, English to speakers of other languages, and in our schools.
Contact	Sandy Pollock, President
Mailing Address	P.O. Box 981
Street Address	5266 George Washington Hwy.
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-1306 PM:
E-mail	rjstress@gmail.com
Meeting Location	Rappahannock Concrete Offices
Eligibility Requirement	Free
Resources Needed	Volunteers, fundraising, grants.
Services Programs Resources	Training for LVA Volunteers, tutoring for students for ESL & GED.

Mathews Lions Club	
Mission	Fulfilling the motto of "We Serve", Lions work to foster a spirit of understanding, to promote the principles of good citizenship, to take an active interest in their community and to encourage community service.
Contact	Rita Eagle
Mailing Address	Gerald Jones, P.O. Box 695, North, VA 23128
Street Address	
City/State/Zip	
Phone Numbers	804-725-1462
Fax	
TDD Number	
E-mail	
Web Address	www.lionsclub.org
Hours of Operation	
Meeting Location	Piankatank Ruritan Club
Meeting Time	7:00 p.m. Tuesday
Annual Or Special Events	
Disabled Access	
Eligibility Requirement	Membership by invitation.
Fees Dues	Annual Dues.
Resources Needed	Fundraising
Services Programs Resources	Fundraising. Provides various community services projects including vision/sight programs, Vision Van visits, support of youth Educational programs and conducts annual Fundraising campaigns.

Mathews YMCA	
Mission	
Contact	Grace Metzger
Mailing Address	P.O. Box 1536
Street Address	
City/State/Zip	Mathews, VA 23109
Phone Numbers	804-725-1488
Fax	804-725-1490
TDD Number	
E-mail	mathews@peninsulaymca.org
Web Address	http://www.peninsulaymca.org/branches/mathews
Hours of Operation	Monday and Wednesday: 6:00am – 8:00pm Tuesday and Thursday: 6:00am – 7:30pm Friday: 6:00 a.m. – 6:00pm Saturday: 8:00 a.m. – 1:00pm Sunday: Closed
Annual Or Special Events	
Disabled Access	Yes
Eligibility Requirement	Open
Fees Dues	Family Rate:\$100 application and \$51 per month Single Parent Family Rate:\$75 application and \$40 per month Individual Rate:\$50 application and \$35 per month
Resources Needed	Volunteers
Services Programs Resources	The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in spirit, mind and body. Each YMCA location offers a variety of programs and classes for people of all ages and abilities

Mended Hearts - Virginia Peninsula Chapter 119	
Mission	Support group to cardiac patients and their families
Contact	Louise Sears
Mailing Address	500 J. Clyde Morris Blvd.
City/State/Zip	Newport News, VA 23601
Phone Numbers	AM: 757-877-3643 PM:
E-mail	president@heart119.org
Web Address	www.heart119.org
Meeting Location	Riverside Regional Medical Center, 500 J. Clyde Morris Blvd.
Meeting Time	2nd Wednesday of Month, 11:30 a.m. Chapter 119 in Newport News meets 1st Thursday of Month at Riverside Regional Medical Center, 7:00 p.m.
Annual Or Special Events	Annual Heart Walk in September, Annual Picnic in September, and Annual Yard Sale in October. November Anniversary Dinner, December Annual Christmas Dinner.
Disabled Access	Yes
Services Programs Resources	Monthly Chapter Newsletter, National Quarterly Newsletter.

Middle Peninsula Alliance for the Mentally ill	
Mission	A non-profit self-help, support and advocacy organization of consumers, families and friends of people with severe mental illness such as schizophrenia, major depression, bipolar disorder, obsessive-compulsive disorder and anxiety disorders.
Contact	Lisa Pence
Mailing Address	PO Box 1094
City/State/Zip	Kilmarnock, VA 22482
Phone Numbers	AM: (804) 435-3463 PM:
E-mail	Lisa91156@aol.com
Web Address	www.nami.org

ILL

Middle Peninsula Brain Injury Support Group	
Mission	Support and information for survivors and family of brain injury.
Contact	Theresa Ashberry
Mailing Address	P.O. Box 102
City/State/Zip	Cobbs Creek, VA 23035
Phone Numbers	AM: 725-2829 PM:
E-mail	tashberry@rivnet.net
Web Address	www.biav.net
Meeting Location	Walter Reed Hospital
Meeting Time	10:30 a.m. - Noon, 2nd Thursday of the month
Services Programs Resources	Support and information for survivors and family of brain injury.

Middle Peninsula-Northern Neck Community Services Board	
Mission	To provide mental health, mental retardation, and substance abuse services to families and individuals in the counties of Gloucester, Essex, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond and Westmoreland. It is the mission of the MP-NN CSB to continually measure and assess the needs of its constituency; to plan for their effective treatment; to marshal the resources necessary to do so; to develop and implement the comprehensive clinical and support services need, inform the public of the services offered, and unfailingly advocate for its constituency.
Contact	Charles Walsh, Jr., Executive Director
Mailing Address	P.O. Box 40
Street Address	530 General Puller Hwy.
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-5314 PM:
Fax	758-3418
E-mail	cwalsh@mpnn.state.va.us
Web Address	http://www.mpnncsb.org
Hours of Operation	8:30 a.m. - 4:30 p.m., Monday - Friday
Disabled Access	Yes
Fees Dues	Sliding Scale Fee based on Income and Insurance Coverage
Services Programs Resources	Mental health services including individual, family, group and emergency counseling; outreach program and in-home services for children at risk and their families; case management; limited residential services for mentally disabled; mental retardation services; early intervention services for infants; prevention, education and consulting services; adventure-based prevention programs; jail-based services, and parenting classes.

Middle Peninsula Northern Neck Counseling Center	
Mission	Provision of mental health services
Contact	O'Connell McKeon
Mailing Address	P.O. Box 2468
Street Address	9228 George Washington Memeorial Hwy., Gloucester
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-5057 PM: 693-2673
Fax	693-7407
E-mail	omckeon@mpnn.state.va.us
Hours of Operation	8:00 a.m. - 8:00 p.m., Monday - Thursday, 8:00 a.m. - 5:00 p.m., Friday
Fees Dues	Sliding fee scale available based on income and # of family members. Most insurance accepted.
Services Programs Resources	Individual marital, family, group therapy, emergency services, prevention services.
Middle Peninsula Northern Neck Prevention Services	
Mission	Provides prevention, education and consultation services to the community, special population and other human services agencies.
Contact	Cheryl Matteo-Kerney
Mailing Address	P.O. Box 130
Street Address	872 General Puller Hwy., Suite 101
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-9398 PM:
Fax	758-9158
E-mail	cmatteo-kerney@mpnn.state.va.us
Web Address	
Hours of Operation	8:30 a.m. - 4:30 p.m.
Services Programs Resources	Preparing for the Drug Free Years (workshop)

Middle Peninsula Rideshare	
Mission	Provide transportation demand management assistance in the areas of carpooling, vanpooling, telecommunity and public transportation.
Contact	Barbara Zimmermen
Mailing Address	P.O. Box 286
Street Address	Saluda Professional Center, Bowden Street.
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-2311 877-451-1555 PM:
Fax	758-3221
E-mail	midpenrideshare@mppdc.com
Web Address	www.mppdc.com
Hours of Operation	8:30 a.m. - 4:30 p.m., Monday - Friday
Disabled Access	Yes
Eligibility Requirement	Middle Peninsula Residents

Middle Peninsula-Northern Neck Alzheimer's Association

Mission	To improve the quality of life of persons affected by Alzheimer's disease by providing support services and community leadership to eliminate Alzheimer's disease through the advancement of research while enhancing care and support services for individuals and their families.
Contact	Sharon Smith
Mailing Address	P.O. Box 1881
Street Address	6654 Main Street, Gloucester
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 695-9382 1-800-967-2580 PM:
Fax	695-9278
E-mail	sharon.smith@alz.org
Web Address	www.richmondalzheimers.org
Hours of Operation	8:30 a.m. - 5:00 p.m., Monday - Friday.
Meeting Location	Bay Aging Senior Center
Annual Or Special Events	Alzheimer's Memory Walk.
Disabled Access	Yes
Eligibility Requirement	Anyone
Fees Dues	None
Resources Needed	Volunteers
Services Programs Resources	Helpline, support groups, educational programs.

Project Linus	
Mission	To provide love, a sense of security, warmth, and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of NEW, HOMEMADE, WASHABLE, blankets and afghans, lovingly crafted by volunteers.
Contact	Janet Brown
Mailing Address	P.O. Box 902
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-5775 PM:
E-mail	janetb@inna.net
Web Address	www.projectlinus.org
Disabled Access	No
Eligibility Requirement	A love of children
Fees Dues	None - 100% volunteer and non-profit
Resources Needed	Blankets - new, homemade, washable.
Services Programs Resources	Hand crafted blankets & pillows to ailing children from Premies to Teens.

Riverside Walter Reed - Hospice	
Mission	To provide compassionate and supportive care for people diagnosed with a terminal illness, and their families.
Contact	Susan Moffitt, Patient Care Manager
Mailing Address	P.O. Box 1130
Street Address	7519 Hospital Drive, Gloucester
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-8819 PM:
Fax	693-8825
E-mail	susan.moffitt@rivhs.com
Web Address	www.riverside-online.com/rwrh
Hours of Operation	8:00 a.m. - 4:30 p.m., Monday - Friday
Resources Needed	Volunteers, grants, durable medical equipment.
Services Programs Resources	Nursing services, nurses aides, medical social work, volunteers, physical therapy, occupational therapy, nutritional counseling, spiritual and emotional counseling, arrangement for equipment and or medical supplies, assistance with funeral planning, legal, insurance, financial needs, bereavement support up to one year.

Riverside Walter Reed Hospital Educational Services	
Mission	To help integrate community health activities and work with local, state and national initiatives to coordinate educational efforts.
Contact	Angela Healy, Director of Education and Rehabilitation Services
Mailing Address	P.O. Box 1130
Street Address	7519 Hospital Drive, Gloucester
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-8845 PM:
E-mail	angie.healy@rivhs.com
Web Address	www.riverside-online.com/rwrh/index.htm
Hours of Operation	8:00 a.m. - 4:30 p.m., Monday - Friday
Resources Needed	Volunteers, health related agencies to aid in educational programs.
Services Programs Resources	Wide range of health activities, health services, health education.

Rural Infant Services Program	
Mission	Provides early intervention and help to families of infant and toddlers (birth through two years of age) with developmental problems.
Contact	Kathy Phillips**
Mailing Address	P.O. Box 40
Street Address	5372-B Old Virginia Street, Urbanna
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-5250 1-800-305-BABY PM:
Fax	758-5183
E-mail	kphillips38@cox.net
Hours of Operation	8:30 - 4:30 , Monday - Friday
Eligibility Requirement	Children under the age of three (3).
Fees Dues	Fees for direct therapy services, but they are often covered by health insurance. No charge for screening, evaluation, services coordination, or infant education services. A sliding scale is available if the charge would be a hardship for families.
Services Programs Resources	RISP provides early intervention services for infants and toddlers from birth to three years of age with special needs. Services include developmental screening and evaluation, service coordination, physical therapy, occupational therapy, speech therapy, infant education, and family support services.

Rural Virginia United Coalition	
Mission	To unify and strengthen communities in their efforts to prevent substance abuse, violence, school failure, juvenile delinquency, and teen pregnancy.
Contact	Lynn Jaeger, Director
Mailing Address	P.O. Box 130
Street Address	872 General Puller Hwy, 101, 102
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-9398 888-PREV-550 PM:
Fax	758-9158
E-mail	ljaeger@mpnn.state.va.us
Meeting Location	Rappahannock Community College (alternating campuses) Lecture Hall
Meeting Time	3rd Thursday, every other month, 3:00 - 4:30 p.m.
Services Programs Resources	Technical assistance to local prevention councils, development and implementation of media campaigns and fostering collaborative initiative to strengthen prevention efforts.

Salvation Army	
Mission	An international religious and charitable organization motivated by a love of God and a concern for the needs of all humanity with a mission of preaching the gospel, spreading Christian truths, and providing basic human necessities without discrimination.
Contact	Teresa Dalton
Mailing Address	P.O. Box 267
Street Address	Hayes Plaza, behind Movie Scene
City/State/Zip	Hayes, VA 23072
Phone Numbers	AM: 642-3960 PM:
Fax	642-4643
Web Address	www.salvationarmy.org
Hours of Operation	9 a.m. - 4 p.m., Monday - Friday
Disabled Access	Yes
Eligibility Requirement	Proven crisis & need.
Fees Dues	Assistance of any type is considered.
Resources Needed	Shelters available - drug/alcohol rehab.
Services Programs Resources	Provides assistance in the following areas for low resource families - Utility bills, rent, mortgage, food, clothing, medications, counseling.

Sentara Williamsburg Hospice	
Mission	"We Improve Health Every Day."
Contact	Beth Riehle-Biscan- Volunteer Coordinator/Hospice
Mailing Address	1100 Professional Drive
Street Address	1100 Professional Drive
City/State/Zip	Williamsburg, VA 23185
Phone Numbers	AM: 757-259-6251 PM: 757-879-1918
Fax	757-253-5827
E-mail	SBRIEHLE@sentara.com
Web Address	www.sentara.com
Meeting Location	Office, patients homes and skilled facilities
Eligibility Requirement	TB; criminal background check
Fees Dues	None
Resources Needed	There are a wide variety of volunteering opportunities such as companions for patients and respite for the families in various capacities such as reading, watching a movie, or playing chess or other board games; cooking light meals and performing light housekeeping; lawn and garden care; running errands. Non-patient volunteering with fundraising events, helping with administrative office functions, sewing Remember Me Bear clothing; making fleece and/or crotch/knit blankets, hats, booties and muffs. What ever your special gift and talent is, we welcome you to share it with us as a volunteer!
Services Programs Resources	Sentara Williamsburg Hospice is care provided to people in the last stages of their life. Providing comfort, ensuring quality of life, through medical, social, emotional and spiritual attention.

Sexual Assault Crisis Center	
Mission	Provides services to victims of sexual assault and/or abuse and their families and friends.
Contact	Cherie Stone**
Mailing Address	P.O. Box 1946
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 694-5760 694-5890-hotline Day PM:
Fax	694-5286
E-mail	lsi@ccsinc.com
Disabled Access	Yes
Eligibility Requirement	N/A
Fees Dues	None
Services Programs Resources	Crisis counseling, companion services, support services, information/referrals, court advocacy, aid to empowerment.

SMART-One, Inc.

Mission	To provide the special needs community and their families with information on resources and services available to them; and, to establish programs for participation, education, support and advocacy for the special needs community and their families.
Contact	Vickie Matorano
Mailing Address	11 Liberty Circle
City/State/Zip	Newport News, VA 23602
Phone Numbers	AM: 757-875-9168 PM: 757-875-9168
E-mail	SMART_OneInc@msn.com
Web Address	www.smartoneinc.net
Annual Or Special Events	Fishing Clinic, Christmas Party, Family Picnic, Camping Trip.
Disabled Access	yes
Eligibility Requirement	mentally and/or physically challenged individuals of all ages.
Services Programs Resources	Workshops, information on local services & resources, variety of activities and programs for special needs individuals (from martial arts to drama club), family activities.

Survivors of Family Violence	
Mission	Support groups for survivors of family violence for adults and adolescents and adult survivors of sexual abuse.
Contact	Emily Eanes
Mailing Address	P.O. Box 40
Street Address	9228 George Washington Memorial Highway
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 776-7501 1-888-832-9541 PM:
Fax	804-693-7407
Hours of Operation	8:00 a.m. - 4:00 p.m.
Meeting Location	Middle Peninsula Northern Neck Counseling Center.
Meeting Time	Call for Information
Disabled Access	Yes
Services Programs Resources	Support Groups for survivors of family violence.

The Clothes Closet - Newington Baptist Church	
Mission	To show God's love by providing clothing to those in need.
Contact	Gerri Young
Mailing Address	7654 Forbes Road
Street Address	6169 Main Street
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-2349 PM:
Fax	693-0869
E-mail	newingtonbc@verizon.net
Web Address	www.newingtonbc.org
Hours of Operation	10:00 a.m. - 12:00 p.m.
Meeting Location	6169 Main Street - Old Sanctuary
Meeting Time	1st Wednesday and 3rd Saturday.
Disabled Access	Yes
Eligibility Requirement	Registration at 1st visit.
Services Programs Resources	Free clothing for those in need.

The Local Co-op	
Mission	To provide low cost natural and organic foods.
Contact	Susan Crockett
Mailing Address	5619 Dogwood Forest Drive
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-6381 642-2120 PM: 693-6381
E-mail	scrocket@cox.net
Meeting Location	Abingdon Rescue Squad (ordering), American Legion (delivery)
Meeting Time	Mondays (date varies) 7:30 p.m.
Disabled Access	Yes
Eligibility Requirement	Membership application.
Fees Dues	\$10.00 single; \$15.00 couple; \$20.00 family; \$25.00 deposit.
Services Programs Resources	Low cost foods.

The Virginia Foster, Adoptive, and Kinship Parent Association	
Mission	To provide a united voice for families who are part of the foster care system, who care for the children of a relative, or who have adopted children.
Contact	Kathy Sauter
Mailing Address	3292 Rich Lane
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 693-4753 1-800-824-1174 PM:
E-mail	ksauter@facesofvirginia.org
Web Address	www.fosteradoptiveparents.org
Eligibility Requirement	Be a part of the foster care system.
Services Programs Resources	To provide support and events for families who are part of the foster care system.

Three Rivers Health District	
Mission	To achieve and maintain optimum person and community health by emphasizing health promotion, disease, prevention, and environmental protection.
Contact	Dr. Thomas Irungu, Director
Street Address	2780 Puller Highway, Saluda
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-2381 758-4828 PM:
Fax	758-4828
E-mail	thomas.irungu@vdh.virginia.gov
Web Address	http://www.vdh.virginia.gov/LHD/threeriv/threeriv.asp
Hours of Operation	Monday - Friday, 8:00 a.m. - 4:30 p.m.
Fees Dues	Sliding Scale according to income and family size - many services are free.
Services Programs Resources	Family life education, personal hygiene, general health, nutritional consultation, women, infants, children's nutritional programs, WIC, breastfeeding peer counseling, family planning, pre-conceptual health, gynecology, childhood immunizations, adult immunizations, influenza and pneumonia immunizations, pregnancy testing, tuberculosis screening, treatment and follow-up, HIV/AIDS screening, treatment and follow-up, head start physicals, maternity, early periodic screening, diagnosis and treatment in conjunction with pre-school physicals, sexually transmitted disease counseling, screening, examination, diagnosis, treatment, and follow-up, children's specialty services - case management for handicapped children receiving specialty services, lead screening - testing referral, follow-up, sickle cell and other genetic disease counseling, pre admission nursing home screening, communicable disease investigation - treatment, referrals, prevention of further outbreaks, cardiovascular risk reduction - community blood pressure screening, education, counseling, and referral, rabies pre-exposure vaccination, rabies post exposure vaccination, infant safety seats, family assessment and planning team, Rappahannock Area Health Education Center - health careers promotion speakers' bureau, breast and cervical cancer education and detection, community health education resource and referral.

Three Rivers Healthy Families	
Mission	To ensure that every child in the Three Rivers Region is born healthy, grows in a safe and nurturing environment, enters school ready to learn and can develop into a healthy productive adult.
Contact	Debbie Lancucki, Program Dir.
Mailing Address	P.O. Box 40
Street Address	5372 B Old Virginia Street, Urbanna
City/State/Zip	Saluda, VA 23149
Phone Numbers	AM: 758-5250 PM:
Fax	758-5183
E-mail	hf3rivers@yahoo.com
Web Address	www.3rivershealthyfamilies.com
Eligibility Requirement	Prenatal families and families with a child less than 2 weeks of age.
Services Programs Resources	In home parenting education and support services until child is 5 years of age.

Tri-River Alcohol Safety Action Program	
Mission	To help in the recovery of Alcoholics.
Contact	Richard Griffin, Director
Mailing Address	P.O. Box 776
Street Address	5370 Virginia Street, Suite 3
City/State/Zip	Urbanna, VA 23175
Phone Numbers	AM: 758-5610 PM:
Fax	758-0073
Web Address	www.vasap.state.va.us
Services Programs Resources	Tri-River ASAP offers education classes in 3 locations: Gloucester County, Urbanna, and Warsaw. Participants may generally choose a location convenient to them (young offender and habitual offender relapse prevention classes excluded). Referrals to treatment, if referred, are in several locations, as well. Driver Improvement class is offered in Gloucester

Virginia Cooperative Extension-Nutrition Program	
Mission	An educational outreach program of Virginia Tech and Virginia State Universities that provides research based information, programs, and services in the following areas: agriculture and natural resources, family and consumer sciences and youth development.
Contact	Elizabeth Hayes
Mailing Address	P.O. Box 156
Street Address	7400 Carriage Court
City/State/Zip	Gloucester, VA 23061
Phone Numbers	AM: 693-2602 PM:
Fax	693-1383
E-mail	ehayes@ext.vt.edu
Web Address	www.ext.vt.edu/offices
Hours of Operation	8:00 a.m. - 4:30 p.m., Monday - Friday.
Fees Dues	Free
Services Programs Resources	Provide basic nutrition classes for limited income families.



Family Access to Medical Insurance Security Sponsored by the Commonwealth of Virginia

1-866-87FAMIS

General Information

FAMIS is Virginia's health insurance program for children. It makes health care affordable for children of eligible families. FAMIS covers all the medical care growing children need to avoid getting sick, plus the medical care that will help them get better if they do get sick or get hurt.

Services covered by FAMIS

- Doctor visits
- Well-baby checkups
- Hospital visits
- Vaccinations
- Prescription medicine
- Tests and X-rays
- Dental care
- Emergency care
- Vision care
- Mental health care

Cost to the Family

There are **no** enrollment costs or monthly premiums for FAMIS. For some services, the family will have to pay a co-payment. Most co-payments are just \$2.00 or \$5.00. Some services, like regular check-ups, are free.

For more information about the FAMIS programs, call toll-free:
1-866-87FAMIS (1-866-873-2647)
TDD users ONLY call, 1-888-221-1590
8:00 am to 7:00 pm, Monday - Friday
9:00 am to 12:00 noon, Saturday
or contact your local Department of Social Services.

SeniorNavigator Center | Mathews Active Lifestyle Center

A program of Bay Aging
10494 Buckley Hall Road
Mathews, VA 23109

Program Type	SeniorNavigator Centers	Intake Contact	Amy Thomas
Main	(804)725-7850	Intake Phone	804 725-7850
Fax	(804)725-7850	Intake Email	amythomas44@yahoo.com
Web site	www.bayaging.org/		

Who Are We?

An increasing number of seniors are spending more and more time online, enjoying all that the Internet has to offer. Mathews Active Lifestyle Center is proud to announce its affiliation with SeniorNavigator.org, an online powerhouse of information geared to answering the questions seniors, their families and their caregivers are asking. Whether it is financial or health related, there's an answer, and SeniorNavigator.org and Mathews Active Lifestyle Center are there to serve.

For those people without computers, a trained SeniorNavigator at this location can assist in locating and printing the information requested, directly from the SeniorNavigator.org website. If you would like to make an appointment with a SeniorNavigator, please call the office and someone will assist you with the SeniorNavigator website.

**Thank You to
MIDDLE PENINSULA SAFETY NET COALITION MEMBERS**

Gloucester-Mathews Free Clinic	Kay Bradley, Executive Director Ellen Rilee, Clinical Coordinator Meghan Reynolds, Vol. Resource Coor.
Peninsula Institute for Community Health	Lisa Ware, Site Manager Jewel Goodman, Dir. Community Programs Angela Futrell, CEO
Three Rivers Health District	Karri Murphy
Middle Peninsula-Northern Neck Community Services Board	Brian Clemmons, Intensive Community Services Coordinator
Mathews Community Foundation	Willie Hubbard, Chairman Tony Hannold Janice Phillips Debbie Lambert C. Richard (Dick) Pogue
Mathews Department of Social Services Hands Across Mathews	Sharon Hayes, Liaison
Mathews YMCA	Judy Castleman
Bay Aging	Robert Biggs, No Wrong Door Coordinator Lenea England, Div. Mgr-Medical Transportation
Northern Neck Middle Peninsula Telehealth Consortium (NNMP-Virginia)	Edie McRee Bowles, Exec. Dir

**A special thank you to Christi Lewis, Director of Gloucester Department of
Community Education for sharing information from her Resource Directory**